

winter
2013

reach



God
GRANT
ME
the
SERENITY

**Rosecrance School teaches
reading, writing ... and life**

Rosecrance School's student artwork wins national honor — see story on Page 6.

Planning for the future, whatever it may bring



Phil Eaton

Philip W. Eaton
President/CEO

This issue of Reach is full of stories about change and growth and promising new programs that are designed to improve the lives of people we serve.

We're also pleased to share stories and pictures from events of The Rosecrance Foundation. I am so grateful for our donors' generosity, which is the wind beneath the wings of our mission to provide help, hope and recovery to individuals seeking treatment for substance abuse and mental illness.

More winds of change will come our way because of the massive Affordable Care Act. It's not clear right now whether health care reform will usher in a positive or negative climate for behavioral health organizations such as Rosecrance. While we are hoping for the best, rest assured that we are preparing for whatever may come.

The biggest issue, as I see it, is whether health care reform will make quality care accessible to more people who need services. Decades of experience have shown us that all health care is not treated equally when it comes to funding from public or private sources. Too often, people who struggle with addiction or mental illness are relegated to the back of the line.

That does not happen with the same degree of regularity for people seeking treatment for broken arms or chronic diseases such as diabetes. Absolutely, these individuals must receive treatment for their ailments. Just as important, people need treatment for behavioral health issues.

The need for equity becomes even more pressing when you consider that substance abuse and mental illness are systemic problems that affect the whole family. Everybody suffers until treatment happens and recovery begins.

I am encouraged by some provisions in the health care legislation, but "the devil is in the details," as the old saying goes. A year from now, I'd like to be able to report that I'm delighted with details that have allowed many more people to have access to treatment. Beyond the uncertainty over what's to come, some things never change. Start with the Rosecrance mission and vision, which trace back to the early 20th Century and the legacy of our founders, Dr. James and Fanny Rosecrance. And, we will never forget our commitment to reach out to those with limited resources in an effort to keep people from falling through the cracks.

We will continue to fight for resources to do our work, and we will continue to rely for support on our good and generous friends who believe in the mission as much as we do. This is our purpose, as we all go forward, by the grace of God, one day at a time.

reach

winter 2013

FEATURE STORY

p.4 **Life lessons**

Lead teacher Cindy Kelly and other educators at Rosecrance's Griffin Williamson Campus make education a vital part of substance abuse treatment.

LEADING THE FIELD

p.6 **Student artwork wins national recognition**

p.6 **Rosecrance CEO named Healthcare 'Champion'**

p.7 **Triage services begin at Rosecrance Ware Center**

p.8 **Rosecrance expands presence in McHenry**

p.9 **Clinician named 'Social Worker of the Year'**

p.9 **Rosecrance theme: 'On, Wisconsin!'**

GIVING

p.10 **Rosecrance Foundation party celebrates 'Spirit of the Garden' book**

Guests at Rosecrance Griffin Williamson campus include Master Hoichi Kurisu, the man who designed the Healing Garden.

p.12 **Annual Cooking up Hope boosts charity care**

p.13 **Sharing our blessings with a legacy gift**

NEWS & NOTES

p.14 **Memorials and Honorariums**

p.15 **Events and names in the news**

Director of Communications:

Judy Emerson

Communication Design

Specialist: Will Pfeifer

On the cover: Artwork by students at Rosecrance Griffin Williamson Campus.



Cindy Kelly, Donna Swanstrom (secretary), Matthew Fields, Sharon Burns, Barb Dean (back row), Jodi Miller and Meghan Garnhart (front) make up the staff at the Rosecrance School.

Life lessons

Rosecrance makes education a vital part of substance abuse treatment

At first glance, classes at the Rosecrance School look typical for a high school. They're not. For one thing, while both boys and girls attend the school, the classes aren't co-ed. Students in the same classroom likely are not studying the same subject. And, most importantly, when the school day is over, the pupils don't go home.

They're not just students; they're also clients at Rosecrance's Griffin Williamson Campus, a Rockford treatment facility for young people dealing with substance abuse. And, as part of their treatment, they attend school four hours each day.

"Treatment comes first, but education is a close second," says Jason Gorham, Administrator of Residential Services at the Rosecrance Griffin Williamson Campus.

"Students need to know how to cope in a school environment. If they don't know how to adapt, they will go back to old habits."

Students at the Griffin Williamson Campus follow the Rockford School District calendar, and the district assigns six certified teachers to the school. Two to three hours daily are spent on core academics, the rest on art, gym or life

skills. Books come from the students' home districts; Rosecrance provides the space, furniture and equipment. Each class has a maximum of 14 students, and each student brings unique challenges. They get assignments, they get homework, and some of them get diplomas. They all have one thing in common: The biggest lessons they learn often have little to do with reading, writing and arithmetic.

Cindy Kelly is the lead teacher at Rosecrance, where she's taught for more than 24 years. She supervises the teachers at Griffin Williamson and says her work with the students combines education and encouragement.

"All I try to do is plant the seed and the desire within each kid," Kelly says. "Let them know they are important and they are worthwhile no matter what they have done in the past. 'You made bad choices, but you aren't a bad kid. You have to change your choices.' Hopefully, here at Rosecrance, they will learn how."

She has to constantly adapt to what the students need. Having a flexible style and positive outlook are critical.

"Everything changes from minute to minute," Kelly says. "It's never black and white. It can't be."

Teachers at the Griffin Williamson campus work with educators and counselors in the students' home schools to coordinate lessons, and regular progress reports are provided.

Students arrive on campus with a wide range of educational needs. Some are in Advanced Placement classes, and others are not attending school at all. When necessary, tutors are brought in, and sometimes, the home school has to put in extra time and effort. That goes for the students, too: Most students devote four hours to school, but those with heavy course loads spend more time on their work.

Even teens who aren't enrolled in school or have been expelled take part in school activities at Rosecrance. Some districts provide programs for students to contin-



Cindy Kelly gets ready for the day in her classroom at the Rosecrance School. Each of the seven classrooms offers a view of the Healing Garden.

About lead teacher Cindy Kelly

Experience: 24 years teaching. Has taught at Guilford High School, Alternative High School and Rosecrance

Degrees: Bachelor of Science, Masters in Education, degree in Special Education Behavior and Emotional Disorders

About the school

Six certified teachers, with a 1:14 teacher-student ratio

Four-hour school day five days a week, with two to three academic hours and rest of the time devoted to life skills, art and fitness.

Seven classrooms, including an art room and a life skills lab. Experiential therapy includes art, horticulture, music, fitness and life skills.

ue their education, and the teens can also take a prep course for the GED exam.

The teachers at Rosecrance Griffin Wil-

liamson instruct students in all subjects, sometimes covering several topics and grade levels in a single class. And that's not all they do.

"We probably, at some point, play all roles," Kelly says. "Sometimes (the students) need to be told they are OK. Sometimes we need to be the teacher and be in their faces and strong with education. Other times, they need a friend to sit there and let them vent."

Rules are rules at Rosecrance – students can't skip classes, and they can't be tardy – but, Kelly says discipline isn't a problem. That's because their achievements in this school represent the most success many students have had in a long time.

"Usually they come in very resistant, not wanting to be here," Kelly says, "but by the time they leave, the tears are coming, and they don't want to leave. You get the call or the card saying 'thank you,' or you receive a graduation announcement: 'I did it. I'm going to graduate.'

"That's your payoff. The success stories."



Written by Alexi Bown and Will Pfeifer

Student artwork wins national recognition

Artwork created by students at the Rosecrance Griffin Williamson campus was honored this fall at the Third Annual National Conference on Addiction Disorders (NCAD) in Orlando, FL.

The artwork, created by students of Experiential Therapies Supervisor Christine Nicholson, was one of more than 35 pieces submitted to the Program Guide Cover Art Contest. Mark Fried, executive vice president of the Vendome Group, called it “remarkable and inspiring,” and a portion of the artwork appeared on the program’s cover.

The complete image features silhouetted people on a hill, backed by the rays of the sun, with the words “GOD GRANT ME THE SERENITY” spelled out, collage-style, in the sky and “EVERYONE IN RECOVERY IS MY HERO” on the hill. (You can see it on the cover of this issue of Reach.)

Harrison Campus artists showcase creativity



Clients and staff at the Rosecrance Harrison Campus in Rockford also created a piece of art that was submitted to the Program Guide Cover Art Contest at the National Conference on Addiction Disorders. The painting symbolizes the heroic efforts of those in recovery, and the frame includes individual pieces by the artists.

Philip Eaton named Behavioral Healthcare ‘Champion’



Rosecrance President/CEO Philip W. Eaton (right) accepts his award from Dennis Grantham, editor-in-chief of Behavioral Healthcare Magazine.

Rosecrance President/CEO Philip W. Eaton and four other top treatment center executives were named “2012 Champions” by Behavioral Healthcare Magazine for their commitment to serving individuals seeking treatment for substance abuse and mental health disorders.

The 2012 winners were honored at the National Conference on Addiction Disorders in September. Eaton joined Rosecrance in 1971 and has led the organization since 1982. Others who were honored run treatment centers in

Florida, Michigan and California.

Eaton is a past chairman and board member of the National Association of Addiction Treatment Providers (NAATP) and the Illinois Alcoholism and Drug Dependency Association (IADDA). Through the years he has received numerous awards and honors, including being named Alumnus of the Year by Trinity International University in 2011. Recently, Eaton was named one of the 2012 “20 People You Should Know” by the Rockford Chamber of Commerce.

Triage services begin at Ware Center

On October 29, the Rosecrance Triage Center opened at the Ware Center, 526 West State Street in downtown Rockford.

The Triage Center is designed to be a safe, comfortable place where mental health patients 18 years and older can be evaluated for further treatment. Individuals in psychiatric crisis may be transported from area emergency rooms or brought to the center by caseworkers, family members, first responders and police. Staff at the center will provide evaluations for adults who are nonviolent, not under the influence of drugs and alcohol, and medically stable but struggling with mental health issues.

Once the assessment is completed and an appropriate level of care is determined, the individual may be moved to a crisis bed in residential housing, a CHIPS (Community Hospital Inpatient Psychiatric Services) bed in an area hospital or returned home. In some cases, an individual may be transferred to a state hospital. There are no beds at the center, but there are seats for patients in a “living room model.” The center will be staffed 24-7 with an evaluator, a nurse, a crisis intervention specialist and a security worker. An evaluator will be on call for emergency room assessments.

“Our staff is excited to be part of this new system of care, which really is a model for the state,” Mary Ann Abate, Vice President for Community Mental Health, said. “The goal with the services through our triage center is to avoid unnecessary hospitalization for individuals in psychiatric crisis. We




Mental health patients in crisis have a comfortable place to await evaluation in the Rosecrance Triage Center.

About the Rosecrance Triage Center

Address: Rosecrance Ware Center,
526 West State St., Rockford

Hours: 24 hours a day,
7 days a week

can offer intervention, evaluation and assessment to move the person in crisis quickly to the appropriate level of care.”

Construction on the center began in late September, with about 2,000 square feet of space in the Rosecrance Ware Center being renovated. The Triage Center was established as a response to the closing of Rockford’s Singer Mental Health Center in October in an effort to improve community-based care for individuals in psychiatric crisis. 



A staff member makes coffee in the kitchen area of the Rosecrance Triage Center.

New office in McHenry County

Rosecrance adds location for mental health, substance abuse services

In July, Rosecrance began offering outpatient mental health and substance abuse treatment in McHenry County.

The treatment center, called Rosecrance McHenry County, is licensed and partially funded by the Illinois



Chris Gleason

Department of Human Services (Division of Mental Health and Division of Alcoholism and Substance Abuse).

Chris Gleason, director of Rosecrance McHenry County,

said the office has served more than 600 clients since it opened. The success may stem from the fact that McHenry County residents already were familiar with the Rosecrance name.

“For decades, Rosecrance has been privileged to serve McHenry County residents at our inpatient substance abuse treatment facilities in Rockford, and now we’re delighted to be able to offer comprehensive outpatient services close to home,” Gleason said. “We offer group and individual services for children, adolescents, adults and families who reach out for help with substance abuse and mental health issues.

“We also are serving a growing number of veterans who turn to us for treatment of co-occurring substance use and mental health disorders, and we are offering that integrated programming to other clients, as well.”



The Rosecrance McHenry County offices are on Veterans Parkway in McHenry.

About Rosecrance McHenry County

Address: 4100 Veterans Parkway
McHenry, IL


Phone: 815.363.6132

McHenry County residents already benefitted from Rosecrance programs in a variety of ways. Almost 100 residents of the county annually seek inpatient treatment for substance abuse at Rosecrance in Rockford. The organization’s physical presence in McHenry County provides these patients with a better continuum of care once they leave inpatient treatment.

Rosecrance also has ongoing collaborations with numerous community agencies, private clinicians and juvenile and adult probation

departments in McHenry County. In addition, the organization has offered educational workshops and trainings for families and clinicians, and is a frequent presenter of drug prevention and education programs at area schools.

“We’re familiar with McHenry County, and our new services build on long-time partnerships in these communities,” said Rosecrance President/CEO Philip W. Eaton. “We welcome the opportunity to work with the McHenry County 708 Board to meet the crisis of care caused by the closing of a treatment provider.

“Going forward, we are committed to providing the same high-quality, evidence-based services in McHenry that have made Rosecrance a nationally recognized leader in the treatment field. A physical presence in the county will improve access to care for families and individuals seeking services.” 



Rosecrance Waukesha County will be offering services from its offices in Pewaukee, Wis.

Rosecrance theme: 'On, Wisconsin!'

Rosecrance is set to begin offering services in Waukesha County, Wis.

Rosecrance Waukesha County, with offices in Pewaukee, will provide intensive outpatient substance abuse treatment for adolescents. The office is set to begin providing care to area youth and their families in early 2013.

Services will include an intensive outpatient program; a continuing care group; free confidential drug and alcohol evaluations; early intervention services; assistance to families who need help finding resources; substance abuse awareness training and education for professionals, community organizations and parents; and urine drug screens.

The office's address will be Rosecrance Waukesha County - N27 W23957 Paul Road, Suite 101, Pewaukee, WI 53072. For more information or to make a referral, call 262.278.4462 or 888.928.5278.

Rosecrance clinician named 'Social Worker of the Year'

On Nov. 1, Rosecrance clinician Lynn Cadmus accepted an award for Social Worker of the Year presented by the Illinois chapter of the National Association of Social Workers (NASW) at the group's annual dinner in Chicago.

"I was surprised and amazed that I would be given that honor when there are others that I'm sure were very deserving," said Cadmus. "I am very grateful to receive this recognition."

Cadmus, a member of NASW for more than 30 years, was nominated by Rosecrance Ware Center Director of Emergency Services Joan Lodge.

"Lynn Cadmus represents the highest ethical standards of social work," Lodge said. "Her goal is always to improve the quality of life for people and for clients to know and believe that they have value."

Cadmus is a trauma therapist with the Therapeutic Intervention Program (TIP) at the Rosecrance Ware Center. She has worked for Rosecrance since 2006. TIP is the mental health court of Winnebago County. It was developed to reduce the number of arrests of people with mental illness, increase access to mental health treatment among individuals charged with nonviolent criminal offenses and to reduce the number of days of incarceration in the jail for people with mental illness.



Rosecrance clinician Lynn Cadmus accepts a Social Worker of the Year award at the National Association of Social Workers annual dinner, which was held Nov. 1 in Chicago.

Cadmus is an expert in gender-based trauma. She also is trained in Dialectical Behavioral Therapy and the treatment of personality disorders.

According to NASW, Illinois has more than 12,000 professional social workers who dedicate their careers to helping people transform their lives or improving environments that make such progress possible. Social workers improve the fabric of society by serving as advocates for people who need help addressing serious life challenges.

With 150,000 members, NASW is the largest membership organization of professional social workers in the world. [f](#)

Written by Judy Emerson

Garden party

The Rosecrance Foundation hosted a party Sept. 13 to mark the publication of “Spirit in the Garden,” a book celebrating the Healing Garden at the Griffin Williamson Campus. Master Hoichi Kurisu, who designed the garden, was a special guest, and attendees received copies of the book, which was designed by Michelle Francis, Rosecrance Senior Communications Design Coordinator.



'Spirit of the Garden' book

Copies of the book are available for \$20 (plus \$5 shipping). To order a copy, contact Diana Youngberg at 815.387.5608 or dyoungberg@rosecrance.org.



1) Hoichi Kurisu autographs a copy of the "Spirit of the Garden" for Judy Raffety. 2) Laura (from left), Bev and Bob Rosecrance listen to speakers at the garden party. 3) Jeanne and Dave Rydell enjoy a moment at the garden party. 4) Garden benefactor John Anderson introduces Hoichi Kurisu to the crowd. 5) Joe and Sharyn Castrogiovanni talk with John and Marsha Cook at the garden party. 6) Dr. Carol Craig and Coleen Martin Williams enjoy refreshments at the garden party.

Photos by Brian Thomas



Cooking Up Hope



On Sunday, Sept. 30, the Rosecrance Foundation Chicago Board held its third annual Cooking Up Hope Fundraiser at the Naperville Country Club. More than 200 attendees enjoyed tasting delicious food prepared by area chefs and bidding on enticing packages in a silent auction. Participating restaurants included Kuma's Asian Bistro, Naperville Country Club, Hyatt Regency Chicago, Ivy, Lou Malnati's Pizzeria, Casey's Foods, Hugo's Frog Bar & Fish House, Heaven on Seven, Grandma Toste's, Yerbabuena Mexican Cuisine, Francesca's Passaggio and Tasso's Greek Cuisine.

Proceeds from Cooking Up Hope provide charity care for Chicago-area youth and their families who seek treatment.



Sharing blessings with a legacy gift

Have you ever thought about how your giving makes a difference? Do the charities you support have sustainability to continue to grow and touch lives in the future? What kinds of programs and services will they be providing 25 or 50 years from now? Will they even be in existence? What can you do to help ensure these organizations are strong and making our society a better place in the future just as they are today?

Rosecrance Memorial Home for Children was founded 96 years ago because of the foresight of Dr. James and Fanny Rosecrance. They had no biological children, but they spent a lifetime caring for children who had no homes. They were so passionate about helping these children that they made plans in their wills for their homestead to become an orphanage upon their passing. James and Fanny wanted their legacy of love and caring for “the least and the lost” to continue beyond their lifetimes.

Since this first bequest was made, the lasting impact of bequests—both large and small—have helped shape Rosecrance today. Leaving a bequest is easy to do. Simply name Rosecrance the beneficiary of a specific amount or a percentage of your estate, or all or a portion of your estate left after you have made bequests to your family and others.

Bequests build bridges to take us where we want to go. Bequest giving costs nothing now, yet it allows you to honor a loved one or have the satisfaction of knowing your giving will live on to meet important needs in the future, just as it does today.

A little planning during our lifetimes can make a lasting difference for Rosecrance in the future.

For more information about bequest giving, please contact Senior Vice President of Development Lynne Vass at The Rosecrance Foundation at 815.387.5602.



1) Chef Kuma Kim (right) of Kuma's (with locations in Rockford and Naperville) dishes out a Spicy Shrimp Bowl with a smile for attendees at Cooking Up Hope. 2) Executive Chef Michael Lannon (left) of Naperville Country Club prepares Mini Short Rib Meatloaf with Roasted Root Vegetables and Rosemary Garlic Whipped Yukon Gold Potatoes with a Sweet Corn Relish. 3) Harpist Nicole Luchs graces the event with contemporary and classical music. 4) Guest Jack Watts enjoys the Lobster Bisque with Crab prepared by Chef Massimo Salatino (right) from Francesca's Passaggio in Naperville.

*Photos by
Will Pfeifer*

Cooking Up Hope sponsors

Gold Plate: Foglia Family Foundation. **Silver Spoon:** The McDonough Family (in honor of Dave Beto's birthday); Popovits & Robinson, PC. **Crystal Goblet:** Dave and Cherry Beto Family; Childress Duffy, Ltd.; Amy and Harry Franze; John and Kim Griffin; Thompson Coburn LLP. **Brass Ring:** Michael and Mary Ann Abate; The Daniel Dolan Family; Philip and Cheri Eaton; Friedlander Family Fund; Dave and Jennifer Gomel; Holland Capital Management LLC; Gloria McFadden; John and Robbie Mink; Danny and Shana Nicholas; Orput Companies Inc.; June and Michael Parks; Carol and John Schuster; David and Susan Smith and Family; Lynne D. Vass; Peter and Penny West; Wicklander Foundation; Nick and Suzanne Zimmerman **Table Sponsors:** Gloria McFadden, Dr. James Cielsa and Dr. Sherilynn Spear





Rosecrance Harrison Campus

Memorials & Honorariums

June 1, 2012 — Nov. 30, 2012

Honorariums

Dave Beto
The McDonough Family

Amy Franze
Glen Tullman

John McDonough
Dave and Cherry Beto

Bev and Bob Rosecrance
Priscilla Hoag

Susan Smith
David Blasi
Marsha Hoover

Bill Thiede
Art and Fran Kneller

Memorials

Rev. Maynard Beal
Jean T. Beal

Edith Mae Bennett
James and Joanne Blaser
Bernice R. Johnson
James and Rosealee Kinscherff
Melvin and Cayle Kruse
Clinton and Christy Lamb
Rev. Gary E. A. Lawler
William and Julie Leber
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Kurtis and Penni Korte
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Mark, Mary and Michael Madaus
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Dr. John Patierno

Every effort has been made to list our donors correctly. If we have misspelled, inadvertently omitted or listed your name incorrectly, please call Lynne Vass at 815.387.5602, so we can correct our error. Thank you!

The latest



J. Mark McVey



Christy Tarr-McVey

Broadway veterans will take the stage at 2013 Rosecrance Foundation Benefit

Tenor J. Mark McVey, who performed at the 2006 Rosecrance Foundation Benefit with Marvin Hamlisch, will headline the 2013 Benefit, “Music of the Night,” with his wife, Christy Tarr-McVey, on April 15 in Rockford.

Mark and Christy will perform Broadway tunes, songs from movies and music by the late Marvin Hamlisch. Mark made his Broadway debut in “Les Miserables,” and he has won the Helen Hayes Award for Outstanding Actor.

He also has appeared in many Broadway and off-Broadway productions, including “Tommy,” “Chess,” “South Pacific” and “Show Boat.” Christy made her Broadway debut in “Tommy.” Her other credits include “Jekyll & Hyde,” “South Pacific” and “Annie.”

The annual Rosecrance Foundation Benefit raises money to provide services to clients who need financial assistance for treatment of substance abuse and mental health disorders.

Rosecrance sponsors 2012 Ignite the Spirit run



Rosecrance President and CEO Philip W. Eaton uses an air horn to start the Ignite the Spirit run.

On Thursday, July 19, Rosecrance sponsored the 12th Anniversary Ignite the Spirit 5K Run for the Kids, which was held along the Chicago lakefront. Ignite the Spirit was launched in 2003 by Chicago firefighters in response to the attacks of 9/11 and to help the families of first responders. The organization grew to embrace several causes, with a special focus on those that help children.

NEWSMAKERS

Two new members have joined the marketing team of Rosecrance.



Father Jim Swarthout

Clergy Community Relations

Father Jim has joined the Rosecrance marketing team to do outreach work with area clergy and their congregations. In addition to his longtime experience as an Episcopal priest for the Diocese of Chicago, Father Jim has credentials in social work and addictions counseling. His service as a priest includes ministry to parishes in Rockford and the Chicago area.



Carla M. Chludzinski

Community Relations Coordinator

Carla’s territories include northern Cook and Lake counties and Michigan. She has worked as a Clinical Outreach Coordinator with Sierra Tucson, and a Clinical Outreach Representative and a Continuum Services Manager with Hazelden Chicago. She has a Master’s in Social Work from the University of Illinois and a B.A. in Multidisciplinary Social Science from Michigan State.

Rosecrance Health Network
1021 North Mulford Road
Rockford, IL 61107

Non-Profit Organization
U.S. Postage
PAID
Rockford, IL Permit 2949

Upcoming events

To register or learn more about these and other events, visit: Rosecrance.org/events

Prevention and Early Intervention:

Must have completed a substance abuse assessment and received a recommendation to attend.

Mondays, Jan. 7, 14 and 28, 2013

Grace United Methodist Church
300 E. Gartner Road
Naperville, IL 60540

Cost: \$150 per person. Please visit Rosecrance.org/events.

For more information, call 815.387.5607
or email jlyttle@rosecrance.org.

Why Families Wait to Intervene on a Substance Abuser:

Multiple workshops for professionals
March 14, 2013, in Crystal Lake, IL
April 11, 2013, in Chicago, IL

For details and for **free registration**, please visit Rosecrance.org/events.

For more information, call 815.387.5607
or email jlyttle@rosecrance.org.

What Can I Say to Convince Them to Quit?:

Multiple workshops for families in Chicagoland
March 5, 2013, in Orland Park, IL
March 14, 2013, in Crystal Lake, IL
April 16, 2013, in Frankfort, IL
May 7, 2013, in Oak Park, IL

For details and for **free registration**, please visit Rosecrance.org/events.

For more information, call 815.387.5607
or email jlyttle@rosecrance.org.

Reach is published by Rosecrance Health Network to inform friends about events, programs and services. Rosecrance, a not-for-profit organization, has been serving families since 1916.

Rosecrance is licensed and partially funded by the Illinois Department of Human Services. Accredited by The Joint Commission, Rosecrance is a certified Medicaid provider and is approved by most insurance companies.

For more information about Rosecrance services:

Substance abuse services: 815.391.1000 or 888.928.5278

Adult mental health services: 815.968.9300

Children and family mental health services: 815.332.8003

If you no longer wish to receive this newsletter, call 815.387.5608 or email dyoungberg@rosecrance.org.



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